



UPPER MONTGOMERY COUNTY VOLUNTEER FIRE DEPARTMENT

19801 Beallsville Rd, Beallsville, MD 20839

American Heart Association® Heartsaver® Frequently Asked Questions:

What is the AHA®, American Heart Association, Heartsaver® Course?

- The Heartsaver course is for citizens that wish to learn CPR & AED
- The Heartsaver course includes CPR, AED and foreign object airway obstruction, (choking) for adults, children and infants
- The Heartsaver course is not for health care providers. The AHA provides a different CPR/AED course for HCP, health care providers

Who should attend:

- The American Heart Association® Heartsaver® course is for citizens that wish to learn CPR and the use of an AED, automated external defibrillator for adults, children and infants

Location and time:

- Location: UMCVFD Fire Station, 2nd Floor at 19801 Beallsville Rd, Beallsville, MD 20839
- Time: 8:00AM to 1:00PM. Note the completion time varies based on Q&A and testing
- Duration: Approximately 4½ hours
- Dates: Please visit the www.umcvfd.org/CPR website for training dates

How to register: 2-Step Registration:

1. Complete the registration form at www.umcvfd.org/CPR
2. Pay via PayPal or credit/debit card at <http://umcvfd.org/donations/>
 - Please see the instructions on “[How to pay using PayPal](#)”
 - Please see the instructions on “[How to pay using a credit/debit card](#)”
 - NOTE: When payment is received, you will receive an email confirming your registration
 - NOTE: Payment via check is possible, but not preferred

What to wear & physical conditions:

- Please wear comfortable clothing
- You will be learning & practicing skills that require working on your hands and knees, bending, standing, and lifting
- If you have physical conditions that might prevent you from participating in the course, please tell one of the instructors when you arrive for the course. The instructor will work to accommodate your needs within the stated course completion requirements



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CPR/AED**



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Children:

- Please do not bring children to class so that you and the other students can concentrate on learning the proper techniques and materials

Pets:

- Pets are not allowed in class
- Service animals are always welcome

Other:

- Feel free to bring a water bottle to stay hydrated during class
- There is no lunch break
- Smoking or vaping is not allowed anywhere on fire station property

More information:

- For more information please send an email to CPR@umcvfd.org



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